

BIG GOALS AND DREAMS WRITING PROMPTS

SIMPLYLIVINGWITHJANICA

Want help?
All you have to do is ask!

CONTACT



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ALL ABOUT ME

- Who are you?
- What are you scared of?
- Why are you scared?
- What is your biggest accomplishment?

DREAM IT UP!

- What do you want to accomplish in 2016?
- Who will you help?
- How will you take care of YOU?
- Do you want to travel, go back to school, have a baby, remodel your house... write everything!

INTENTIONS

IF YOU WANT TO MAKE IT HAPPEN,
YOU HAVE TO BE INTENTIONAL
ABOUT EVERYTHING. LETS BREAK IT
DOWN SO YOU KNOW WHAT TO DO
AND WHEN TO DO IT

TIMEFRAME

- Circle your top 3 priorities from the list above!
- What do you need to do each month in 2016 to get there?
- What do you need to do each week to get to the monthly goal?
- What do you need to do daily to get to the weekly goal that will help you reach your monthly goal and then your BIG 2016 goal?

REPEAT FOR EVERY GOAL YOU HAVE!